



News of Events & Happenings Shaping MY World and it's not necessarily all good!

Getting started is something that has always been a challenge to me. Maybe I try too hard in the beginning to get everything perfect because I get frustrated with backtracking. Maybe I'm a procrastinator, or maybe I like to wait until the last minute because I work well under pressure. It could be all of those reasons or it could be none!

It's been just over a month since I announced on Facebook that I'd be coming out with a monthly newsletter sometime August. I didn't specify a date, although I considered timing it with Charlotte's South End Gallery Crawl. Since that didn't happen, I considered the Gallery Crawl in NoDa which is on the third Friday (and also the first) of every month.

Then there's Uptown's, which is on a Thursday! So I decided, with so many great places in and around town to mix with neo-bohemians, and mingle with the bankers elite on any day of the week, it really didn't matter! Timing is everything but time is irrelevant. Tick-tock, tock-tick, tick-tock. Regardless if it's this Friday or next Thursday, there's always art and the artsy hanging around Charlotte. ■

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I'm Making Progress

Progress is defined as: A forward or onward movement toward a destination. I believe that it's often necessitates making more than one attempt, experiencing many failures, surviving adversity and being flexible on the courses you must traverse to get to your "place in the sun". The important thing to keep at the forefront of your mind and present in your heart and soul is your purpose.

With principle being the driving force, I believe it helps us to remain calm, strong and confident in our endeavors. Even when faced with difficult situations, we can muster the endurance to pick ourselves up, brush off the dust, spritz on a little antiseptic and wipe the tears out of our eyes.

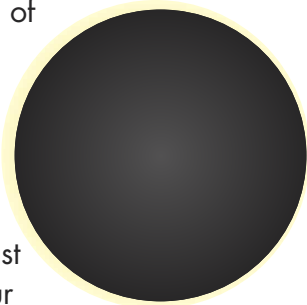
After that, with unflinching steadiness look straight toward your destination, take a deep cleansing breath and begin again, knowing and accepting that you may have to rinse and repeat many times before claiming your prize!

This month, overall has been great! I've worked as a figure model several times at **The Charlotte Art League** in South End. I showed up for class on a Saturday morning with two goals - get some good drawings and get hired as an art model and BOOM! I met my goal! The organizer **Adam Dunn** is new and was seeking new models, so I was in the right place at the right time. The tight white T-shirt I wore, along with the leg flexes I did throughout the class may have helped clinch the deal! Since Adam has been on vacation and Charlotte architect, **Ron Boozer**, took on the duties of organizer he too had the confidence to put me on the platform. He is also a very talented artist as is **Heidi Nazinitsky Gordon** both of whom portraits of me got rave reviews on FB. Soon after that, I was hired as portrait model by the artist **Terri Otten** at her studio in **Dilworth Artisan Station**. Terri has been warm and welcoming; and instrumental in helping me to turn up the electricity and not be timid about letting out some light. I credit her for giving me the confidence I needed to pursue art modeling and continuing my work as an artist. There, I met two other fantastic artists! One of the portraits of me that I posted on FB was done in the three-hour session by **Robin Wellner**. Robin will be hosting a three-day portrait intensive workshop with **Clearwater Artists Studios** in Concord. I may be on the

CHARLOTTESVILLE AND THE ECLIPSE

With all the media coverage of these two events, there's not much I can say that hasn't already been said! It was absolutely Neo-Nazi, White Supremacist initiated terrorism in Charlottesville! And during the solar eclipse coming up this Monday, don't stop on the interstate to take selfies and by all means DON'T LOOK AT IT UNLESS YOU ARE 100% SURE YOU HAVE THE PROPER EYE PROTECTION!!!!

With those statements once again reiterated, I'll add this. As spectacular as the eclipse is expected to be, the shadow cast upon the earth by the moon in the path of totality, will not rival the one that has been cast upon our nation, and perhaps our entire planet, by the hatred exhibited in Charlottesville. The eclipse will come and go in a matter of hours, but obviously that won't be the case for the hatred, bigotry and the violence that was displayed in Charlottesville! ■



Somebody once showed me these really cool tissues that were imprinted with a cartoon image of a highfalutin lady and the phrase, "**Frugal is such an ugly word!**" I had to hold back my snickers, because the tissue had obviously been used "to death"! Anyway it was cute! And, it brought to mind differentiating that which is frugality vs. that which is just downright cheap!

Maybe I'll revisit that question at some point, but today I'm going to give you a **great tip on how to save a little money** and maybe even a tad of our renewable resources. I have discovered that generic coffee filters work great for drying my hands in the kitchen, as well as for minor spills and even wiping down the counter tops, refrigerator,

stove top, etc. Even the select-a-size paper towels can't beat them in the frugality test.

The coffee filters are much stronger, maybe not quite as absorbent, but perfect for drying hands, wiping the excess grease out of a frying pan before washing, and even for applying the oil to cast iron after using it with salt to scour the pan! Rinse and re-use? Oh yes, many more times than even the "quicker picker upper"! **Give it a try! Then, be as creative as you can, and in ONE sentence tell me if I'm frugal or downright cheap! I'll publish the funniest next month! And YES, I just decided your one sentence can be in the form of a question!** ■



Keith Cole. The Witch of 1138
Personal collection, August 2017.
Mixed Media on Paper, 14 x 17
Unframed, \$95.00

model roster for this. So I will keep you posted. It's scheduled Oct 6 - 8 on Friday, Saturday and Sunday from 9:30am until 5pm. Cost is \$375 plus a \$50 per person model fee! I will give more info on this in the September issue of my newsletter. I also had the pleasure of meeting and talking with **Sharon Hockfield**, who is also an artist with a studio in **Dilworth Artisan Station**. Sharon is a beauti-

This is one of my latest works that was started in the open drawing session at **Yoga Warrior at Advanced Therapeutics, 1200 E. Morehead St.** It's on Tuesday nights, 7:30 - 9:30 and cost \$10. We always work from live nude models. There's no instruction, but plenty of discussion and even more fun! Everyone is welcome! **I'm scheduled to model on Nov. 14.** Bring your sketch book, "clean" supplies your artistic ability.

I took a risk with paint, but I'm happy that I did. It was very rainy and humid that night, so the paper wouldn't dry enough to continue with crayons, so I did that at home in my studio. ■

ful spirit with sparkling silver hair! We clicked immediately and she welcomed me into the building! I was a somewhat astonished, but pleasantly surprised that her artwork was a little on the avant garde side! Which is right up my ally! I can't wait to see what she does to me on canvas with her mysterious dark side! CAN'T WAIT! ■

THANK YOU!!!!